THE NECESSITIES INDEX

These 10 questions ask about things you may or may not have access to. Everyone's life is different, **so there are no right or wrong answers**. Please answer carefully and honestly.

Item	Yes (1)	No (0)
1. Do you have a reliable way to get to places—like stores and appointments?	1	0
2. If you get sick, are you able to go to the doctor?	1	0
3. Do you live in a neighborhood where it's safe to take a walk after dark?	1	0
4. Do you have your own quiet space at home to relax or do homework?	1	0
5. Does your family worry about losing their home?	1	0
6. Do you have access to fruit and vegetables every day?	1	0
7. If you had trouble with work, is there someone who could help?	1	0
8. If you wanted to do a sport, musical instrument, or hobby, could your family pay for the equipment and fees?	1	0
9. Is there someone you can go to when you are upset or have a problem?	1	0
10. Is there someone in your life who believes you can reach your goals, if you try?	1	0