POSITIVE AND NON-POSITIVE RISK-TAKING INVENTORY

Here is a list of different things you may have done at some time in the past. For each one, please indicate whether you have ever done it, and, if so, how many times you have done it in the past six months.

	Have you ever…		If you have ever… How many times have you engaged in this activity *during the last six months*?				If you did this activity, how much are you at risk for something bad happening?				How would you compare the benefits (or pleasures) of this activity with the risks?			
	No (0)	Yes (1)	None (1)	Once or twice (2)	3-5 times (3)	More than 5 times (4)	Very much (1)	Pretty much (2)	A little bit (3)	Not at all (4)	Risks are much greater than the benefits (1)	Risks are somewhat greater than benefits (2)	Benefits are somewhat greater than risks (3)	Benefits are much greater than risks (4)
1. Tried out for a team or auditioned for a play when you were not sure you would be picked?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
2. Joined a new club or activity when you were not sure you would like it?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
3. Looked at your phone while driving a car instead of paying attention to the road?	0	1	1	2	3	4	1	2	3	4	1	2	3	4

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	No (0)	Yes (1)	None (1)	Once or twice (2)	3-5 times (3)	More than 5 times (4)	Very much (1)	Pretty much (2)	A little bit (3)	Not at all (4)	Risks are much greater than the benefits (1)	Risks are somewhat greater than benefits (2)	Benefits are somewhat greater than risks (3)	Benefits are much greater than risks (4)
4. Told someone the truth, even if they did not want to hear it?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
5. Tried a new food you thought you might not like?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
6. Cheated on a homework assignment or exam even though you knew you would get in trouble if you were caught?	0	1	1	2	3	4	1	2	3	4	1	2	3	4

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	No (0)	Yes (1)	None (1)	Once or twice (2)	3-5 times (3)	More than 5 times (4)	Very much (1)	Pretty much (2)	A little bit (3)	Not at all (4)	Risks are much greater than the benefits (1)	Risks are somewhat greater than benefits (2)	Benefits are somewhat greater than risks (3)	Benefits are much greater than risks (4)
7. Ran for a leadership role in school or in some other organization when you were not sure you would be picked?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
8. Decided to skip class even though you could get in trouble and fall behind on your schoolwork?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
9. Asked someone new on a date when you thought the person may say no?	0	1	1	2	3	4	1	2	3	4	1	2	3	4

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	No (0)	Yes (1)	None (1)	Once or twice (2)	3-5 times (3)	More than 5 times (4)	Very much (1)	Pretty much (2)	A little bit (3)	Not at all (4)	Risks are much greater than the benefits (1)	Risks are somewhat greater than benefits (2)	Benefits are somewhat greater than risks (3)	Benefits are much greater than risks (4)
10. Taken a class in a subject you knew nothing about or that seemed challenging?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
11. Posted something very personal about yourself on the Internet that you hoped only your friends would see but that other people could find out about?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
12. Tried a new hairstyle or outfit that you were not sure others would like?	0	1	1	2	3	4	1	2	3	4	1	2	3	4

Positive and Non-Positive Risk Taking Inventory –cont…

Here is a list of different things you may have done at some time in the past. For each one, please indicate whether you have ever done it, and, if so, how many times you have done it in the past six months

	Have you ever…		If you have ever… How many times have you engaged in this activity *during the last six months*?				If you did this activity, how much are you at risk for something bad happening?				How would you compare the benefits (or pleasures) of this activity with the risks?			
	No (0)	Yes (1)	None (1)	Once or twice (2)	3-5 times (3)	More than 5 times (4)	Very much (1)	Pretty much (2)	A little bit (3)	Not at all (4)	Risks are much greater than the benefits (1)	Risks are somewhat greater than benefits (2)	Benefits are somewhat greater than risks (3)	Benefits are much greater than risks (4)
13. Snuck out of your house without telling your parents where you were going?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
14. Gone to a party or social event where you did not know very many people and thought you might not have anyone to talk with?	0	1	1	2	3	4	1	2	3	4	1	2	3	4

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	No (0)	Yes (1)	None (1)	Once or twice (2)	3-5 times (3)	More than 5 times (4)	Very much (1)	Pretty much (2)	A little bit (3)	Not at all (4)	Risks are much greater than the benefits (1)	Risks are somewhat greater than benefits (2)	Benefits are somewhat greater than risks (3)	Benefits are much greater than risks (4)
15. Told a secret or shared something personal about yourself to someone?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
16. Sent sexy messages or pictures to someone?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
17. Stood up for what you believe is right, even though you thought someone might disagree with you?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
18. Started a friendship with someone new when you were not sure how your other friends would react?	0	1	1	2	3	4	1	2	3	4	1	2	3	4

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	No (0)	Yes (1)	None (1)	Once or twice (2)	3-5 times (3)	More than 5 times (4)	Very much (1)	Pretty much (2)	A little bit (3)	Not at all (4)	Risks are much greater than the benefits (1)	Risks are somewhat greater than benefits (2)	Benefits are somewhat greater than risks (3)	Benefits are much greater than risks (4)
19. Tried a new sport or played a sport you are not good at where you might have embarrassed yourself?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
20. Driven faster than the legal speed limit?	0	1	1	2	3	4	1	2	3	4	1	2	3	4
21. Spent time with a new group of people when you were not sure you would fit in?	0	1	1	2	3	4	1	2	3	4	1	2	3	4