

Interviewer ID \_\_\_\_\_

### Feelings about being a Parent

**Instructions: Please circle the number that best describes your answer to each of the questions below.**

1. How happy are you with each of the following aspects of being a parent?	1 Very unhappy	2 Sort of unhappy	3 Neutral	4 Sort of Happy	5 Very Happy
a. The love and affection you get from your child	1	2	3	4	5
b. The amount of time you spend with your child	1	2	3	4	5
c. The demands your child places on you	1	2	3	4	5

2. How much does each of these statements describe your experience of being a parent?	1 Not at all true	2 Sort of untrue	3 Neutral	4 Sort of True	5 Very True
a. Being a parent is boring	1	2	3	4	5
b. Being a parent is stressful	1	2	3	4	5
c. I don't love my child	1	2	3	4	5
d. My child doesn't love me	1	2	3	4	5

3. In each of the following areas, how is your life now, compared to the year before you had your child?	1 Much Worse	2 Somewhat Worse	3 Same	4 Somewhat better	5 Much Better
a. Your home	1	2	3	4	5
b. Your social life	1	2	3	4	5
c. Your amount of leisure time	1	2	3	4	5
d. Your job opportunities	1	2	3	4	5
e. Your overall happiness	1	2	3	4	5
f. Your finances	1	2	3	4	5
g. Your relationship with the child's other parent	1	2	3	4	5