

ONLINE ACTIVITY

Now I will ask about what things you may or may not do on the internet. When I say ‘the internet’ or ‘online’, please think how often you use any device in any place. This could include your mobile phone, tablet or computer to send or receive messages, emails, browse or to chat with friends and family, uploading or downloading, or anything else that you usually do online.

How often have you done these things *ONLINE* in the past month?

1	2	3	4	5	6
Never	Hardly ever	At least every week	Daily or almost daily	Several times each day	Almost all the time

1. I learned something new by searching online	1	2	3	4	5	6
2. I looked for information about work or study opportunities	1	2	3	4	5	6
3. I looked for resources or events about my local neighborhood	1	2	3	4	5	6
4. I used the internet to talk to people from places or backgrounds different from mine	1	2	3	4	5	6
5. I looked for news online	1	2	3	4	5	6
6. I discussed political or social problems with other people online	1	2	3	4	5	6
7. I created my own video or music and uploaded it to share	1	2	3	4	5	6
8. I created a blog or story or website online	1	2	3	4	5	6
9. I visited a social networking site (e.g., Facebook, Instagram, Snapchat)	1	2	3	4	5	6
10. I talked to family or friends who live further away (e.g., by Skype, FaceTime)	1	2	3	4	5	6
11. I used instant messaging (IM) (e.g., Viber, WhatsApp)	1	2	3	4	5	6
12. I watched video clips (e.g., on YouTube)	1	2	3	4	5	6
13. I played online games	1	2	3	4	5	6
14. I looked for health information for myself or someone I know	1	2	3	4	5	6
15. I participated in a site where people share my interests or hobbies	1	2	3	4	5	6