

BECOMING AN ADULT

For each of the following items, please respond “yes” or “no” with whether you think the item must be achieved before a person can be considered an adult and then indicate whether you believe you have reached each of the milestones.

(1=yes; 0=no)

		Is this a milestone that defines adulthood?		Do you believe you have achieved this milestone?	
		Yes	No	Yes	No
1.	Accept responsibility for the consequences of your actions				
2.	Decide on personal beliefs and values independently of parents or other influences				
3.	Financially independent from parents				
4.	Capable of running a household				
5.	Establish a relationship with parents as an equal adult				
6.	No longer living in parents' household				
7.	Capable of keeping family physically safe				
8.	Learn always to have good control of your emotions				
9.	Capable of supporting a family financially				
10.	Capable of caring for children				
11.	Reached age 18				
12.	Drive an automobile safely and close to the speed limit				
13.	Avoid becoming drunk				
14.	Capable of fathering/bearing children				
15.	Have no more than one sexual partner				
16.	Obtained driver's license				
17.	Settle into a long-term career				
18.	Not deeply tied to parents emotionally				

19.	Avoid using profanity/vulgar language		Yes	No		Yes	No
20.	Married		Yes	No		Yes	No
21.	Employed full-time		Yes	No		Yes	No
22.	Purchased a house		Yes	No		Yes	No
23.	Committed to a long-term love relationship		Yes	No		Yes	No
24.	Have at least one child		Yes	No		Yes	No
25.	Grow to full height		Yes	No		Yes	No
26.	Finished with education		Yes	No		Yes	No
27.	Have had sexual intercourse		Yes	No		Yes	No