

Interviewer ID \_\_\_\_\_

**Physical Punishment Questionnaire**

Many parents physically punish (e.g., spank, slap, or pinch) their children when the children misbehave. Please think about the *physical* punishment you give to your child. Do not focus on other forms of punishment you might use (e.g., taking away privileges, or sending him/her to another room). Answer quickly. Give your first impression, and move on to the next item. Remember, there are no right or wrong answers, so be as honest as you can. Answer each statement the way you feel you actually treat your child rather than the way you might like to treat him/her.

1. Have you EVER punished your child *physically*? Yes No (circle one)  
**IF "NO," PROCEED TO NEXT PAGE. If "YES," continue with the items below.**

2. Overall, I physically punish my child

1	2	3	4	5
Only once/twice ever	Less than once a month	About once a month	About once a week	Almost every day

3. Overall, when I physically punish my child, it is

1	2	3	4
Not hard at all	Not very hard	A little hard	Very hard

4. I punish my child on one occasion for doing something wrong, but I don't always punish her/him for doing the same thing on other occasions.

1	2	3	4
Almost always true	Often true	Sometimes true	Almost never true

5. When my child misbehaves, (s)he probably doesn't know from one time to the next if I will punish him/her.

1	2	3	4
Almost always true	Often true	Sometimes true	Almost never true

6. On average, I physically punish my child \_\_\_\_\_ times in any given week. (Estimate number of times. If less than once a week, put a zero in the space provided.)

7. As a general rule, I believe I am \_\_\_\_\_ when I punish my child.

1	2	3	4
Very unfair	A little unfair	A little fair	Very fair

8. As a general rule, I believe my child \_\_\_\_\_ deserves it when I punish him/her.

1	2	3	4
Almost never	Sometimes	Often	Almost always

9. I usually \_\_\_\_\_ when I find out that my child has done something (s)he wasn't supposed to do, or when (s)he didn't do something (s)he was supposed to do.

- a. punish my child at the moment
- b. wait a short while (e.g., a few minutes) before punishing my child
- c. wait quite a long time (e.g., several hours) before punishing my child
- d. wait a day or more before punishing my child

10. Before punishing my child, I explain to him/her what (s)he did was wrong and why it was wrong.

1	2	3	4
Almost never true	Sometimes true	Often true	Almost always true